

# HPC

Hamlin Psyche Center

www.hamlinpsychecenter.com

**Medical Director**

Thomas A. Curtis, M.D.

**Clinical Director**

Roberta Jalbuena, Ph.D.

**Evaluating Psychologists**

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DECEMBER 19, 2019

**BROADSPIRE**

P.O. BOX 14645

LEXINGTON, KY 40512

RE: SEERAM, SANDRA  
WCAB #: ADJ12217216  
CLAIM #: 189103909  
EMPLOYER: JP MORGAN CHASE BANK  
SSN: 105-68-8936  
DOB: 11/19/1968  
DOI: CT: 11/16/2018 - 05/02/2019

**PRIMARY TREATING PHYSICIAN'S RECORD REVIEW REPORT ITEMIZED STATEMENT**

IT IS REQUESTED THAT PROMPT PAYMENT BE MADE FORTHWITH.  
IRS REFERENCE #95-4581634

SERVICE RENDERED	UNITS	CPT CODE	AMOUNT BILLED
BEFORE AND/OR AFTER FACE-TO-FACE	1	99358	\$ 154.06
BEFORE AND/OR AFTER FACE-TO-FACE	1	99359	\$ 74.47
<b>TOTAL FOR EVALUATION</b>			<b>\$228.53</b>

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## PRIMARY TREATING PHYSICIAN'S RECORD REVIEW REPORT

DECEMBER 19, 2019

**BROADSPIRE**  
P.O. BOX 14645  
LEXINGTON, KY 40512

**NATALIA FOLEY, ESQ.**  
5753 E SANTA ANA CYNRD STE. G#616  
ANAHEIM, CA 92807

**RE: SEERAM, SANDRA**  
**WCAB #: ADJ12217216**  
**CLAIM #: 189103909**  
**EMPLOYER: JP MORGAN CHASE BANK**  
**SSN: 105-68-8936**  
**DOB: 11/19/1968**  
**DOI: CT: 11/16/2018 - 05/02/2019**

Gentlepersons:

Ms. Sandra Seeram, a 51-year-old branch manager for JP Morgan Chase Bank, has been provided with psychological evaluation through this office.

For an analysis of the history, emotional symptoms and disability for which Ms. Seeram has required such psychological intervention, the reader would be referred to the prior reports from this office.

There has been the submission of additional records for review and comment.

There was a Primary Treating Physician's Initial Evaluation and Report by Harold Iseke, D.C. dated 07/10/2019.

Subjective Complaints: Ms. Seeram complained of frequent frontal sharp, and throbbing headache. Exacerbation stress and activity. She took Topamax to release pain.

She complained of constant moderate achy neck pain and stiffness becoming severe pain radiating to right arm with numbness and tingling with sudden or repetitive movement, lifting 10 pounds, looking up, looking down, twisting and flex, ext-esp on a computer.

She complained of constant and mid upper/mid back pain and stiffness becoming sharp moderate pain with sudden or repetitive movement, lifting 10 pounds, sitting, walking, bending, and twisting.

She complained of activity-dependent moderate sharp, stabbing right wrist pain, stiffness and numbness, associated with reaching, grabbing/grasping, gripping, squeezing, pushing, and pulling repetitively.

She complained of activity-dependent moderate sharp, stabbing left wrist pain, stiffness and numbness, associated with reaching, grabbing/grasping, squeezing, pushing, and pulling repetitively.

She complained of activity-dependent moderate sharp, stabbing left hand pain and stiffness, associated with reaching, grabbing/grasping, gripping, squeezing, pushing and pulling repetitively.

She complained of activity-dependent moderated right knee pain and stiffness, associated with sudden or repetitive movement, lifting 10 pounds, standing, walking, pushing, and pulling repetitively.

She complained of activity-dependent mild left knee pain and stiffness associated with sudden or repetitive movement, lifting 10 pounds standing walking bending and kneeling, twisting and squatting.

There was a complaint of loss of sleep due to pain.

She said that due to prolonged pain and financial hardship, she felt like her condition would never improve which was causing stress.

There was tenderness to palpation of the bilateral trapezii, cervical paravertebral muscles, spinous processes and suboccipitals. There was muscle spasm of the cervical paravertebral muscle and suboccipitals. Cervical compressions was positive, bilaterally.

There was tenderness to palpation of the lateral Levator scapulae, bilateral trapezii, spinous processes, thoracic paravertebral muscles and thoracolumbar junction. There was muscle spasm of the bilateral Levator scapulae, bilateral rhomboids, bilateral scapular area, bilateral trapezii and thoracic paravertebral muscles. Kemp's was positive.

There was tenderness to palpation of the anatomical snuffbox, dorsal wrist, hypothenar, lateral wrist, thenar and volar wrist. There was muscle spasm of the forearm, hypothenar and thenar. Tinel's was positive bilaterally. Phalen's was positive bilaterally.

There was tenderness to palpation of the anterior knee, lateral knee, medial popliteal fossa and posterior knee. There was muscle spasm of the anterior knee, lateral medial knee and posterior knee. Verus was positive, bilaterally.

Diagnoses: 1) Radiculopathy, cervical region. 2) Other cervical disc displacement, unspecified cervical region. 3) Cervicalgia. 4) Spinal enthesopathy, cervical region. 5) Pain in thoracic spine. 6) Hemangioma of skin and subcutaneous tissue. 7) Unspecified sprain of right wrist, initial encounter. 8) Unspecified mononeuropathy of right upper limb. 9) Unspecified sprain of left wrist, initial encounter. 10) Pain in left wrist. 11) Pain in hand and fingers. 12) Pain in left hand. 13) Reaction to severe stress, and adjustment disorders. 14) Chronic pain due to trauma. 15) Myositis, unspecified. 16) Contracture of muscle, unspecified site.

Treatment/Therapy Recommendations: She was recommended to undergo EMG/NCV of bilateral upper extremities, acupuncture once a week for six weeks, and chiropractic treatment, once per week for six weeks.

Work Status: She was placed on temporary total disability.

Causation: In view of Ms. Seeram's history, present complaints, mechanism of injury and clinical finding, it was Mr. Hamid's opinion that her symptomatology was a result of the specific work-related injuries that occurred on CT: 05/17/2018 to 05/18/2019, during the course of her employment for JP Morgan chase.

Apportionment: Apportionment was not an issue at that time, but would be discussed at the time of discharge.

There was a Request for Authorization for Medical Treatment by Harold Iseke M.D., dated 07/10/2019.

Diagnoses: 1) Unspecified mononeuropathy of right upper limb. 2) Chronic pain due to trauma. 3) Pain in left wrist. 4) Spinal enthesopathy, thoracic region. 5) Other cervical disc displacement, unspecified cervical region.

Treatment Requested: Ms. Seeram was requesting authorization for acupuncture, chiropractic, and EMG/NCV bilateral upper extremities.

## **DISCUSSION**

The reports of Dr. Iseke confirmed the physical aspects of injury with diagnoses set forth as follows: Radiculopathy, cervical region; Other cervical disc displacement, unspecified cervical region; Cervicalgia; Spinal enthesopathy, cervical region; Pain in thoracic spine; Hemangioma of skin and subcutaneous tissue; Unspecified sprain of right wrist, initial encounter; Unspecified mononeuropathy of right upper limb; Unspecified sprain of left wrist, initial encounter; Pain in left wrist; Pain in hand and fingers; Pain in left hand; Reaction to severe stress, and adjustment disorders; Chronic pain due to trauma; Myositis, unspecified; and Contracture of muscle, unspecified site. The doctor did note Ms. Seeram's reaction to severe stress and adjustment disorders.

It should be noted that, indeed, Ms. Seeram also has a stress case. At this office on 10/07/2019, Ms. Seeram was found to be too beset by stress aggravated pain and disability, too beset by stress aggravated medical symptoms and too depressed and anxious to work. Ms. Seeram was observed to become emotionally unstable and disturbed at the contemplation of an immediate

return to work. If she attempted to return to work, her emotional condition would deteriorate into worsened emotional dysfunction. Ms. Seeram was found to be temporarily totally disabled on a combined physical and psychological basis.

There would be no change in any of the previously expressed opinions from this office. The particulars of disability would be the same as those described in my last report.

There will be further reports to follow on an as-needed basis.

## **DISCLOSURE**

The preparation of this report complies with Labor Code Section 4628. I declare under penalty of perjury that the information contained in this report and its attachments, if any, is true and correct to the best of my knowledge and belief, except as to information that I have indicated I received from others. As to that information, I declare under penalty of perjury that the information accurately describes the information provided to us and, except as noted herein, that I believe it to be true.

The records were sorted, organized and excerpted by a trained clerical word processor at eData Services. They were initially reviewed by Thomas Curtis, M.D., who provided the first draft of the records. The final review was provided by me.

It should be noted that, aside from the clerical preparation of this report, any additional inquiries, examinations or reviews deemed medically necessary and appropriate to identify and determine the relevant medical issues, and any additional clinical examinations to determine the diagnosis, conclusions and recommendations, have been performed by me.

I further declare under penalty of perjury that I have not violated the provisions of California Labor Code Section 139.3 with regard to the evaluation of this patient or the preparation of this report.

I further declare under penalty of perjury that pursuant to Labor Code Section 5703 (a) (1), the attached billing for my services is true and correct to the best of my knowledge.

The opportunity to provide this evaluation has been appreciated.

If there are any questions, please feel free to contact me.

Signed on December 19, 2019 in Los Angeles County, California.

A handwritten signature consisting of a single, smooth, curved line that starts high on the left and ends lower on the right.

Signature: \_\_\_\_\_

Gayle K. Windman, Ph.D. (PSY 19944)

Re: Sandra Seeram vs. JP Morgan Chase Bank  
WCAB #: ADJ12217216

(PROOF OF SERVICE BY MAIL - 1013a, 2015.5 C.C.P.)

I am a resident of/employed in the aforesaid county, State of California; I am over the age of eighteen years and not a party to the within action; my business/residence address is: 14531 Hamlin Street, Van Nuys, CA 91411.

On January 6, 2020, I served the foregoing document described as:

Primary Treating Physician's Record Review Report and Itemized Statement

On the interested parties in this action by placing the true copy thereof, enclosed in a sealed envelope with postage thereon fully prepaid, in the United States mail at Van Nuys, California, addressed as follows:

WCAB#:ADJ12217216  
(Report served upon applicant attorney)

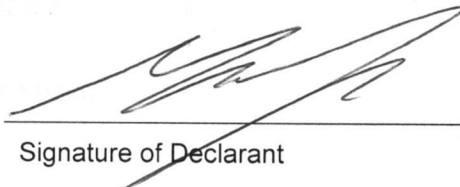
Applicant Attorney:  
Natalia Foley, Esq.  
5753 E Santa Ana Cyn Rd Ste. G#616  
Anaheim, CA 92807

Insurance Carrier:  
Broadspire –ATTN: LEGAL DEPT.  
P.O. Box 14645  
Lexington, KY 40512

I certify (or declare), under penalty of perjury under the laws of the State of California, that the foregoing is true and correct.

January 6, 2020

Date



Signature of Declarant

Mark Simmons

Full name of Declarant